The Messenger

NEWSLETTER

2022
2023

Mt. Ne- bo
United Presbyterian Church

1828 Roosevelt Road, Sewickley, PA 15143
mtneboupc@gmail.com

December 14 - Ed Schrott

December 15 - Shirley Davis

December 24 - Joanne Wible

December 30 - Elaine Sprott

January 9 - Valerie Zani

December 8 - Rich & Carolyn Jovan celebrating 49yrs!

December 19 - Worth & Shirley Davis, Celebrating 69 years!

December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December 4 - Communion Service, Second Sunday in Advent

December 6 - Retiree Breakfast 9AM

December 11 - Worship Service, Third Sunday in Advent

December 14 - Session Meeting 6:30 PM

December 18 - Worship Service, Fourth Sunday in Advent,

- Congregational Meeting following Service

December 24 - Christmas Eve Service 7PM

December 25 - Merry Christmas! No Service

January 1 - Lessons and Carols Service, Happy New Year!

January 3 - Retiree Breakfast 9AM

January 8 - Worship Service, Communion

January 15 - Worship Service

January 22 - Worship Service

January 29 - Worship Service

December 4

December 11

December 18

January 8

January 15

January 22

January 29

Session Updates:
November 2022

- No Fellowship of the Cup on December 25th or January 1st.

- There will be a Congregational Meeting after the Worship Service on Sunday December 18th for the purpose of electing Elders, and reviewing the 2023 Budget.

- In the event of inclement weather, please check KDKA for closure updates on Mt. Nebo UPC.
Updates will also be sent via Email.

PRAYER LIST

Dorothy Pattini
Patricia " Patti" Moyles

PLEASE PRAY FOR OUR SHUT-INS

Audrey Chappel
Colleen Langhurst
Joan Foster
Mr. & Mrs. Verduce
Sylvia Windisch

MT. NEBO FOOD BANK

Donations are always needed for our food bank as hunger has no boundaries. We are planning ahead for our future distribution and are in need of some basic items for the pantry as well as Giant Eagle gift cards.

We accept donations at any time. Please contact Donna Frazier at 724-378-6995 or mtneboupc@gmail.com so someone will be on site to receive your gift. If presenting a monetary gift, please write your check to Mt. Nebo Presbyterian Church with the words "food pantry" on the memo line. Checks and gift cards may be mailed or dropped off at the church office.

Below is a list of suggestions for the food pantry:

Shelf-stable food items:
Jelly
Pasta and pasta sauce
Kraft Dinners (Macaroni and Cheese)
Rice
Healthy cereals
Crackers. Basics such as Saltines
Syrup and Pancake mixes that requires only water
Shelf stable milk or milk substitutes
Boxed cereal, Stuffing, Instant Potatoes

Canned Foods Such As:
- Gravy
- Tomatoes or tomato paste
- Tuna in water or canned chicken
- Canned fruit in juice (not syrup) or applesauce

Cooking Aids Such As:
- Beef, chicken, or vegetable broths or stock
- Condiments such as mayonnaise, mustard, and ketchup
- Olive or canola oil

Toiletries Such As:
Paper towels
Toothpaste and toothbrushes
Bar soap
Shampoo and conditioner
(no baby products please)